



Booking, Medical and Dietary Form - 2011

I would like to book:

Name:

Age:

Address:

Telephone Number:

E-mail address:

Emergency contact details (this is to be filled by everyone, not just the under 18s)

Name:

Address:

Telephone and mobile number:

Please state if you are vegetarian; if you eat fish; or any other special dietary requirements:

Do you have any medical problems or about which the Club should be aware of? Y / N
If Yes please give brief details:

If you are taking any regular medication it would be helpful if you were to bring a copy of your prescription, in a sealed envelope bearing your name, detailing drug(s), strength & dose in order that they can be readily replaced in case of loss. (Please note that this medical information will remain confidential and will only be shared with the Skipper & Commodore of the weeks you sail and then only if required.)

I enclose a cheque (made payable to GWYC) for the total due of £

or

I enclose a deposit of £40 per week and promise to pay the remainder no less than four (4) weeks before the booked week .

Signed:

Date:

To be completed by parent/guardian if under 18

I confirm that I give permission for to sail with the Green Wyvern Yachting Club and confirm that he/she can swim 50 metres.

Please return to: Mark Cassidy, 157 Grey St, North Shields, Tyne & Wear, NE30 2EH



Signed:

Date:

Costs of sailing with Green Wyvern:

The cost of a weeks sailing is £130. This covers the boat hire, insurance and incidental costs and is payable to the club. There is separate fee of £25 which covers the cost of the week's food. This is payable in 'cash' to the Mate at the start of the week.

Other things to bring / consider

The sailing is basically a more comfortable form of camping so please pack accordingly and bring the following:

- Waterproofs;
- At least 3 changes of clothes appropriate for the weather;
- Spare footwear (trainers/deck shoes for preference);
- Towel & washing equipment;
- Torch;
- Pillow (if wanted)
- Tea towel;
- Sleeping bag;
- suntan lotion (yes you can get sunburn even at Easter!! Honest)
- Fruit Cake! (it's traditional)

If you own your own lifejacket / buoyancy aid please feel free to bring it. However, note that we will inspect it and if it is found wanting insist that you use one provided by the club.